

November 6, 2015

Unique Situation: How To Hide The Veggies

The Situation:

Two of the three children of a family of five do not like vegetables and refuse to eat them. The mother, obviously, wants them to have a balanced diet.

The Question:

How can you accommodate the parents who want their children to eat a balanced meal and accommodate the children? After all, we all know the trauma of being forced to eat (insert any food you do not like) and stay at the table until our plate was clean!

The above was a situation or encounter as described by a third party. The Culinary Business Institute added a follow-up question for your consideration. Our response to this question is available in the Personal Chef 1-2-3 training program. For now, your exercise is to answer the question or provide a solution to the situation. In some instances you may not have every bit of information – which may affect your decision. If in doubt, plan for a worst-case scenario. Always consider that resources may not be available, time is working against you and that you need to find an answer that benefits all involved plus keeps the client happy. Sometimes there are more than one correct answer or approach.

